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Halifax metro



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Grégoire
Trudeau**

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metroVIEWS

Your essential daily news | WEDNESDAY, MAY 18, 2016

High 17°C/Low 7°C Mostly sunny



HANDOUT

'We have never given up hope'

Family of **Stacey Adams** reacts to his accused killer finally being arrested

metroNEWS

Drivers slowly getting message on bike lanes

TRANSPORTATION

Cycling group optimistic cars will be parked elsewhere

Yvette d'Entremont
Metro | Halifax

Although some drivers still haven't quite gotten the message about not parking in bike lanes, a representative of the Halifax Cycling Coalition is optimistic things are slowly changing.

On Tuesday, the coalition shared a Twitter photo showing several cars parked in the bike lane on Hollis Street and noted, "There are some odd looking bikes on Hollis Street today."

Board member Eric Jonsson described the situation as "growing pains" because the lane hasn't been there for a year yet.

"We had all the same problems with Windsor Street. As

soon as they put (the bike lane) in a lot of people got tickets, a lot of people were parking in there," Jonsson said.

"I go down Windsor Street now and I don't see a single car parked in it at all. It slowly takes time for people to get used to the fact that you can't park there."

Jonsson said he's found the city responsive when cyclists call the 311 line to report vehicles parked in bike lanes.

A Halifax Regional Municipality spokesperson said they continually review and monitor bicycle and vehicular activity in all their bike lanes.

"Hollis Street is regularly patrolled by parking enforcement, and tickets are issued by both parking enforcement and Halifax Regional Police as per the traffic control regulations," Tiffany Chase said Tuesday.

Chase said since the Hollis Street bicycle lane opened in September 2015, the city has issued 362 tickets to people who have violated the parking restrictions.



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Group envisions shadier park

ENVIRONMENT

Community meeting to focus on whether to plant new trees



Jeremy Mutton
For Metro | Halifax

A local environmentalist says Gorsebrook Park in Halifax could be more dynamic — all it needs are a few more trees.

David Foster, spokesman for the Sierra Club of Canada, said Tuesday there's not enough shade, and more trees would allow people to do more activities.

"The green space has gone unmanaged," Foster said.

"Certainly baseball, tennis, soccer, ultimate frisbee are great ways to enjoy a park. But it's also enjoyable to just go in and take a stroll through the park, or to go sit at the picnic table and eat your lunch."

The city-owned park has a soccer field, two ball diamonds, tennis courts, a playground, and

a hill often used for tobogganing in the winter. Its eastern edge has a community garden, while its northern side is part of Gorsebrook Junior High School.

"The remainder of the park is just green," Foster said.

But on a sunny Tuesday afternoon, park-goers didn't see why new trees were necessary.

"It's never that hot, even in the summer, because of all the wind," said a young woman working with the YMCA.

A group of students playing softball agreed Tuesday it's already a very active park, adding people come specifically for the wide open spaces it offers.

"There haven't been trees here in forever," said Kevin, who only gave his first name. He motioned to his two nieces rolling around on the hill.

"They are happy just playing in the grass. What I'd like to see is a little better maintenance."

Foster said he's not talking about a Point Pleasant 2.0, rather something that looks more like the Dartmouth Common.

"There's some trees, some nice open spaces; it's a good combination of landscapes."

Foster is holding a public meeting Thursday to decide where trees would be planted. He hopes the city will contribute funding, with some trees purchased by the Sierra Club. Tree planting is to begin June 10.

Foster said trees would also help absorb stormwater, instead of the water flowing into the sewage system and putting a strain on wastewater treatment plants.

"We can't tell the city what to do, but we can offer a process by which people can have their voice heard."



A lone tree sits atop a hill in Gorsebrook Park on Tuesday. A community meeting is looking at trying to get city council to plant more trees so the park will appear more welcoming to its users. JEFF HARPER/METRO

+ EVENT DETAILS

What: Gorsebrook Park Renewal Public Meeting

When: Thursday, May 19, 2016, 7-9 p.m.

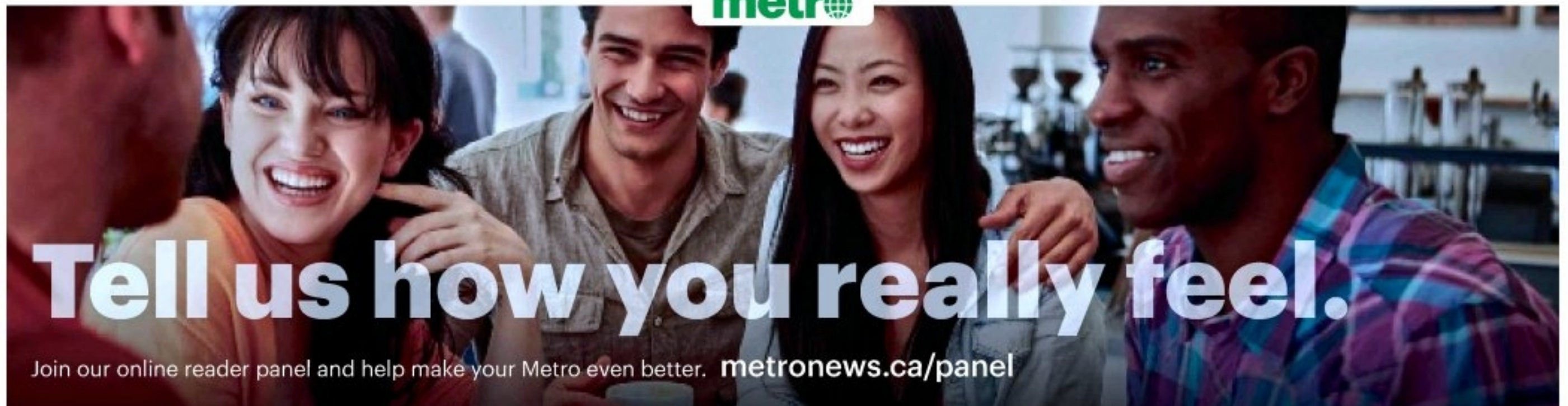
Where: Saint Mary's University, Room B221, Burke Building.

Who: Hosted by Sierra Club Canada Foundation, Coun. Waye Mason, SMU School of the Environment.



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'Mixed emotions' for family

STACEY ADAMS

Steve Douglas Skinner arrested in Venezuela



Yvette d'Entremont
Metro | Halifax

The family of Stacey Adams never gave up hope the man wanted for his murder would be caught somewhere in the world.

"Gloria (his mother) made a promise to Stacey when he died that she would seek justice for him," family member Kendelle Blois said in an interview on Tuesday.

"We as a family have never given up hope that this day would come."

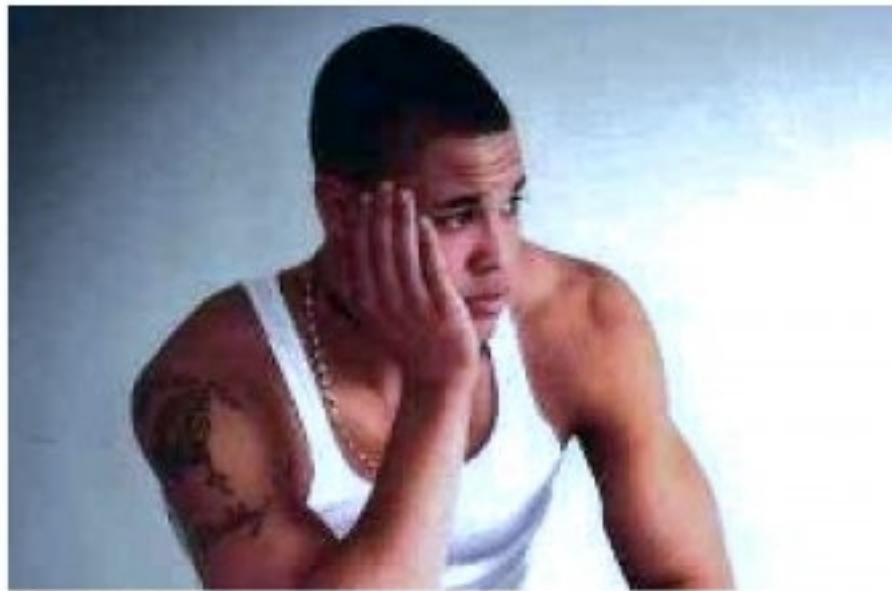
Adams was 20 when he was found dead in a Lake Echo home on April 10, 2011.

Blois said the family first received news about Steve Douglas Skinner's arrest on Monday via Venezuelan newspaper clippings.

"It is a lot of mixed emotions for everyone, for Stacey's family and friends," Blois said.

"We're just going to have to take it day by day the same that we have for the past five years and continue to stick together as a family as Stacey would want us to and continue to see this through."

Blois said five years after the murder, her fondest memory of Adams was how ecstatic he was to learn he was going to be a father.



Stacey Adams. FACEBOOK

"Stacey was exactly like his mother Gloria (Adams). They had a very strong bond between mother and son and he was starting a family, he was getting ready to be a father to a son that he never got the opportunity to meet," she recalled. "He was helpful and charismatic and had a smile that could light up a room or melt your heart."

Adams' son was born several months after his death.

"He is just like his father. Stacey left a piece of himself here," Blois said.

Last month, Adams' family started a petition requesting the federal government change the stipulations regarding violent criminals seeking bail and asking that bail be denied to those who posed a threat to the public.

The petition outlines Skinner's criminal past and notes the Crown opposed Skinner's release in July of 2009, citing him as a flight risk.

He was released on \$50,000

600

To date the petition, titled **Stop the Gun Violence Enough is Enough: Justice for Stacey Adams**, has garnered more than 600 signatures.

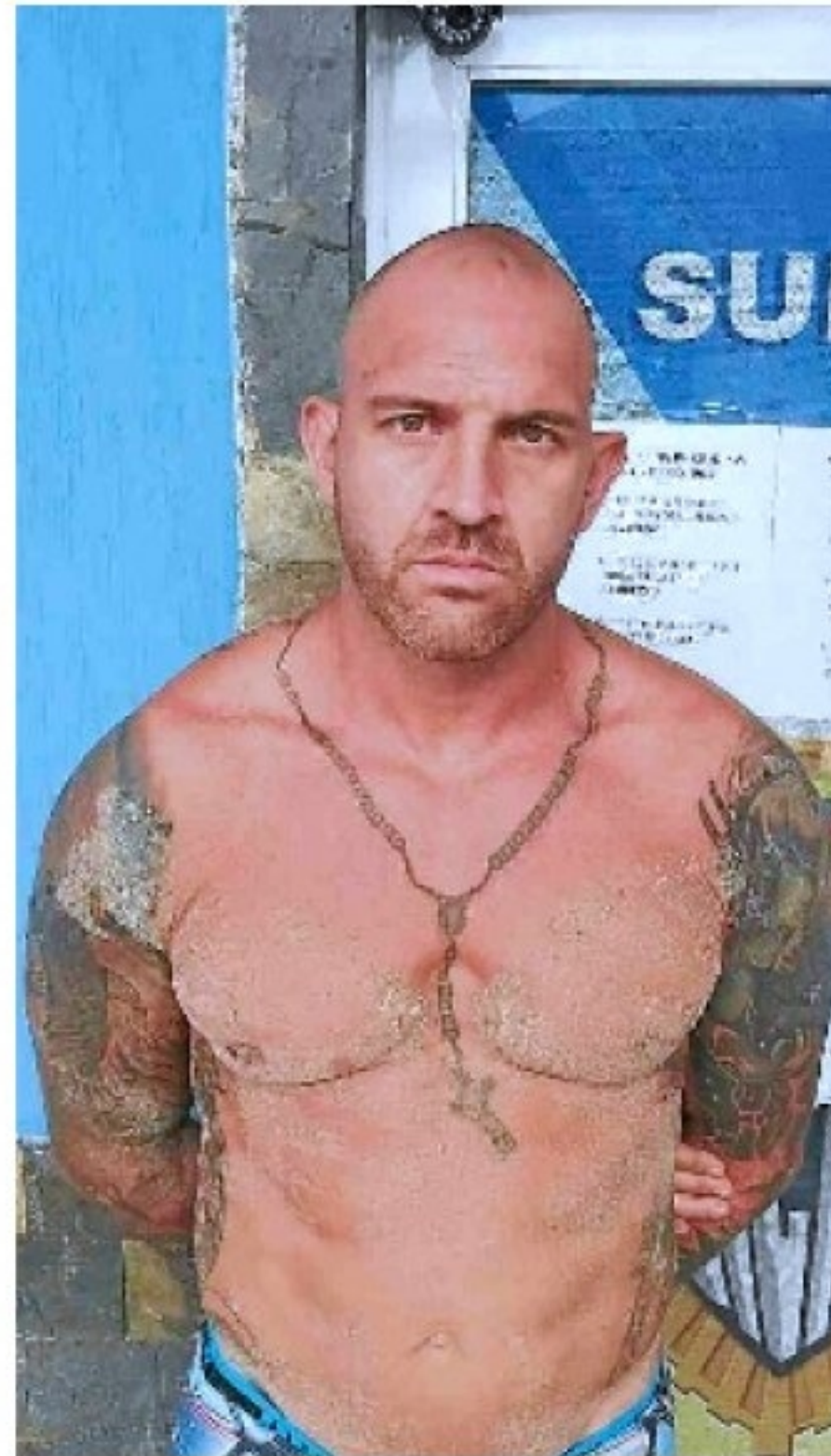
bail with two sureties and was under a court order to remain out of Nova Scotia while awaiting his 2012 trial.

In April, 2011, Skinner returned to the province.

An international warrant was sought for his arrest in connection with the second-degree murder of Adams in July, 2011.

"We are humble and grateful to all law enforcement that were involved in him (Skinner) being arrested," Blois said.

"We have never given up hope and we will not give up on hope through the rest of this process."



Steven Douglas Skinner is shown after being arrested in Playa El Yaque, on Margarita Island in Venezuela, in this recent police image posted on Twitter by Cuerpo de Investigaciones Científicas, Penales y Criminalísticas (CICPC) director Douglas Rico.

THE CANADIAN PRESS

+ ARREST

It is an arrest photo like few others: A muscular man in colourful swim trunks, his bare chest covered in sand, his hands apparently restrained behind his back.

The photo, released by Venezuelan authorities Tuesday, announced the arrest of former mixed martial arts fighter Steve Douglas Skinner of Cole Harbour.

He was taken into custody without incident Sunday on a Margarita Island beach.

Nova Scotia RCMP, who confirmed the arrest, had issued an international warrant for Skinner, 43, following the April 2011 death of 20-year-old Stacey Adams at a home in Lake Echo.

At the time the warrant was released, RCMP dismissed rumours that Skinner was either dead or in Mexico.

In the previous few years before he was charged in Adams' murder, Skinner had a handful of fights as an MMA fighter.

The photo released by Venezuelan authorities shows Skinner staring intently ahead, his arms covered in tattoos, and a tattoo of a crucifix necklace around his neck.

Police say they are working to extradite Skinner back to Canada.

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CRIME

Police issue warning about Dartmouth vehicle thefts

Halifax Regional Police have issued an advisory about thefts from vehicles in certain areas of Dartmouth.

In a media release issued Tuesday, police said crime analysts have noted an increase in thefts from motor vehicles in the areas of Woodside and Portland Hills.

Between May 3 and 16, police

received nine reports of items stolen from inside unattended vehicles in those communities. Police said in some cases, the vehicles were left unlocked with attractive objects left inside.

Items that have been stolen include change, an electric tool, phone chargers, a backpack, a GPS and other items. METRO

+ REMINDER

Police are reminding people to lock their vehicles, ensure windows are closed and remove valuables when vehicles are left unattended.

IN BRIEF

North Preston man handed lifetime animal ban

A North Preston man who allowed his dog to freeze to death will never again be allowed to own an animal.

Michael Dwayne Simmons has been sentenced to a

lifetime prohibition on owning animals, plus one-year probation, after his starving dog died of hypothermia outside his North Preston home in December 2013, the Nova Scotia SPCA said in a release issued Tuesday.

Simmons was charged with failing to provide reasonable protection from injurious cold, failing to provide adequate food and water, and causing his dog to be in distress under the Animal Protection Act. METRO

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Welcome for gender rules

EQUALITY

Guidelines on identity issues 'more inclusive' for trans people

Nova Scotia civil servants can wear clothing that reflects their gender identity and use the washroom of their choice under guidelines released Tuesday.

The guidelines for trans and gender variant employees, announced by the province on the International Day Against Homophobia, Transphobia and Biphobia, also address the use of an employee's identified name and pronoun.

Maddi MacDonald, the co-chair of Nova Scotia's LGBTI Network, said releasing written guidelines will help make provincial workplaces more inclusive for trans people.

"It solidifies the commitment, so in all areas of the public service all trans and gender variant employees will

now be supported," she said.

MacDonald said while Nova Scotia has a fairly inclusive culture in general terms, there is still work that needs to be done.

"In some areas there are still lots of systemic challenges in terms of accessing washrooms for example," she said.

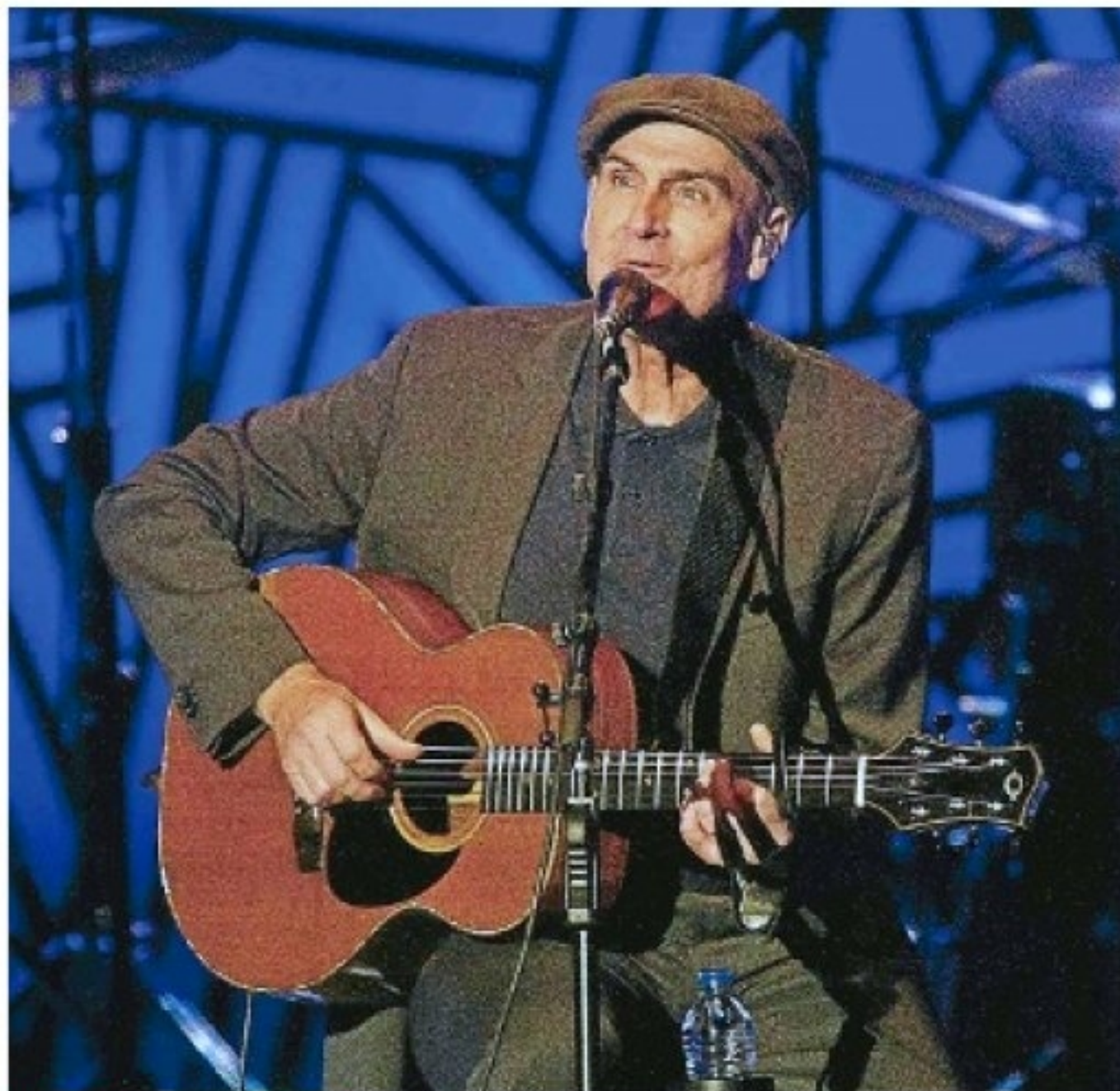
The public service commission conducted a census over the winter that indicated about one per cent of Nova Scotia government employees identify as trans or gender variant.

Community Services Minister Joanne Bernard said it is a step forward to have the province's policy on support and inclusion in written form.

"I think they (rules) could have been up for misinterpretation so having them in a clear document that is for everyone to use is nothing but positive," she said.

In December 2012 the Nova Scotia Human Rights Act was amended to include gender identity and gender expression as protected characteristics.

THE CANADIAN PRESS



HANDY MAN STRUMS ON TAYLOR WOWS CROWDS Legendary crooner James Taylor dazzled a full house at the Scotiabank Centre on Tuesday night. The American singer-songwriter was in town as part of a tour to promote his new album *Before This World*. You can go to metronews.ca/halifax to read reporter Haley Ryan's review of the show. JEFF HARPER/METRO

CRIME

Police on alert over shooting



Philip Croucher
Metro | Halifax

Police say they are looking for two men after a shooting in Halifax on Tuesday night.

Halifax Regional Police say that around 7:15 p.m. they received reports of gunshots in the 5000 block of Drummond Crescent.

Shortly afterwards, police received information that a white Hyundai hatchback was seen fleeing from the area with one of its windows smashed out.

Police later found the car in question in the area of Gottingen and Charles streets, with the driver inside "suffering from gunshot wounds," a release stated.

The victim, a 20-year-old from Halifax, was taken to hospital with injuries described as non-life threatening.

Police had only a limited description of the two suspects on Tuesday.



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Company fined over fatal fall of worker

CONSTRUCTION

Parkland's \$70K sanction disappoints victim's father



Haley Ryan
Metro | Halifax

The father of a man who died at a Parkland Construction work site says he had hoped for a higher fine against the company, but a bursary set up in his late son's name is the "greatest thing I've ever seen."

Alan Fraser, 21, died on Nov. 7, 2013 after falling from the sixth floor of a Clayton Park building he was working on. Fraser was using a wheelbarrow to dump debris off the edge when he fell to his death.

In Halifax provincial court Tuesday afternoon, Judge Anne Derrick accepted a joint recom-



The complex where Alan Fraser fell in 2013. JEFF HARPER/METRO

mendation for a total sentence of \$70,000 against Parkland.

The company pled guilty on April 13 to a charge of lacking fall protection when workers were at a height of three metres or more under the Occupational Health and Safety Act.

"I don't believe that the fine amount is going to be much of a deterrent for a company this size, but I am glad that they did plead guilty at the end to avoid

a trial," Alan Fraser's father, Wally Fraser, said outside court.

The \$70,000 paid by Parkland is broken down between a fine portion of \$20,000, victim surcharge fee of \$3,000, and a \$10,000 donation to the Threads of Life charity that supports families affected by workplace fatalities.

The remaining \$37,000 will be used to set up a bursary at Nova Scotia Community College

in Fraser's name for students in the Occupational Health & Safety program, who often go on to be safety officers and professionals.

"I think that is the greatest thing I've ever seen," Fraser said quietly. "I'm proud of him. Hopefully someone else can learn a very valuable lesson."

Derrick said Fraser's death is a "tragic case" that could have been avoided, but was satisfied to see Parkland has made improvements, including more safety training and new fall protection devices like harnesses and temporary railings.

Although Fraser said he would have liked to see a higher sentence handed down that came closer to the maximum \$500,000 limit under the act, Crown attorney Alex Keaveny told reporters that Nova Scotia has only ever gone as high as \$115,000 for a case with a much larger company.

Parkland has until June 30 to pay the full amount.

HEALTH CARE

Plan confirmed for 'home-like' hospice

Nova Scotia's largest health authority will help build a 10-bed hospice for people who cannot die at home.

The Hospice Society in Halifax and the Nova Scotia Health Authority have signed a memorandum to collaborate on the residential facility in Halifax. They hope to open it in the city's south end in late 2017.

Wendy Fraser, CEO of Hospice Halifax, says the residential hospice will create an "affordable and home-like option" for people at the end of their lives.

The hospice is part of the

\$6 million

The plan is to renovate buildings owned by the Atlantic School of Theology through a drive to raise \$6 million for the renovation and development of the residence.

government's plan to decentralize services from the aging Centennial building at the VG site of the QEII Health Sciences Centre. THE CANADIAN PRESS

IN BRIEF

Fresh Zika case confirmed in returned vacationer

Newfoundland and Labrador has confirmed a case of Zika virus in someone who returned home after a trip down south.

Health officials say a vacationer came back from an unspecified southern location about a month ago and found they had

been infected by the virus. The news comes a day after Nova Scotia reported its first confirmed case.

Frank Atherton, deputy chief medical officer of health, said Monday that the illness was detected in a woman in her 30s after she fell ill upon returning to Nova Scotia.

THE CANADIAN PRESS

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MOBILE APP

Scientists ask public to help track whales

Looking for a missing 70-tonne whale? There's an app for that.

Researchers in Canada and the U.S. are asking for the public's help as they continue their search for the elusive and endangered population of North Atlantic right whales.

In the last few years, the massive mammals have changed their migration patterns, prompting researchers to rejig a mobile app called Whale Alert to enable citizen observers to report sightings in real time.

Sean Brilliant, senior conservation officer with the Canadian Wildlife Federation, said sightings are crucial because the summertime whereabouts of the 500 remaining North Atlantic right whales has become a mystery.

"The more eyes that are on the ocean, whether they are trained scientists or people in pleasure craft, a sighting of a right whale could be a really valuable find," Brilliant said Tuesday.

For more than 30 years, the whales have migrated to areas in the Bay of Fundy and off the southwestern tip of Nova Scotia. However, that route has changed.

"It could be part of a regular cycle," Brilliant said, adding scientists have collected 30 years of data about animals that can live up to 70 years: "It shows us how little we know about what these whales are doing."

The app, available for Apple and Android, was initially used to alert commercial ships to the presence of right whales near Boston harbour. When underwater listening devices detect the whales' calls, an alert is sent to the app.

It's since been modified to incorporate the details of whale sightings in Canada. There's speculation the whales are now moving on to the Gulf of St. Lawrence to find zooplankton, the microscopic shrimp-like animals that are a staple of the right whale diet. THE CANADIAN PRESS

70

How many years North Atlantic right whales can live.

CRIME

Investigation leads to child porn charges

A Nova Scotia man is facing several child porn charges following a five-month investigation by the Mounties.

Officers arrested Jason Richard Muise, 33, of Pubnico "without incident" after searching his home Monday, according to a Nova Scotia RCMP news release.

The RCMP's provincial Internet Child Exploitation unit, also known as ICE, has charged Pubnico with accessing and possessing child pornography, along with making it available to others.

Police released Pubnico from custody Monday night, but he is scheduled to appear in Yarmouth provincial court Sept. 13 to answer to his charges.

Muise's home was searched after an initial search of another Pubnico residence, which had been allowing him to use their Internet service, police said.

"RCMP suggest having your Internet connection secure via password and not to share your connection with people outside of your home," the news release said. THE CANADIAN PRESS



Carolyn Fox, mother of Cayley Fox, 21, who died in January, says privacy rules kept her in the dark about her daughter's crisis.

ANDREW VAUGHAN/THE CANADIAN PRESS

Mother of suicide victim speaks out about system

PROVINCE

PCs propose changes to youth mental health law

A Halifax-area mother whose 21-year-old daughter took her own life earlier this year expressed her frustration in the provincial legislature Tuesday, saying the mental health system prevented the young woman from getting enough help in her struggle with depression.

Carolyn Fox said her experience with her daughter Cayley, who died Jan. 22, showed there

aren't enough treatment options and supports for young people in the health system.

She said her daughter, a varsity rugby player, was in her final year of a science degree at Saint Mary's University when her life underwent a "drastic change."

Fox said she had no idea about mental health problems that saw her daughter taken to hospital on three occasions last year, until she received a call from Cayley's roommate. She said because of privacy laws she received no official notification.

"She was released each time within a few hours," said Fox. "No red flags as to say this girl had been (in hospital) three times, released and told she was fine."

“No red flags as to say this girl had been (in hospital) three times, released and told she was fine.”

Carolyn Fox, mother

Fox said the situation isn't acceptable because parents of young adults need to know in order to help or get help.

Fox appeared at the legislature in support of legislation proposed by the Opposition Progressive Conservatives. The Tory amendments to the Youth Secretariat

Act would require the secretariat to establish a committee to focus on youth mental health issues and support systems.

Premier Stephen McNeil said he needed time to examine the bill, but expressed sympathy with Fox's complaints about the privacy law.

McNeil said while a tricky issue, his government would begin an examination of the law to see if it could result in unintended consequences.

We need to be able to have some flexibility so we have to look at it, but there are a whole host of issues associated with that and not the least of which is breaching someone's privacy," McNeil said. THE CANADIAN PRESS

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Evacuation frustrates workers

ALBERTA

Wildfires near Fort McMurray grew to 355,000 hectares

Helen Pike and
Jeremy Simes
Metro | Calgary

Fort McMurray-area fires have stopped oil and gas companies in their tracks as 8,000 workers, some flown in the same day, were forced from camps with the imminent threat of danger.

Matt Breen has been away from his two daughters since February working in Fort McMurray when he was evacuated. But it wasn't long before his company called him back from New Brunswick, asking if he wanted to fly up for a few more weeks and finish the job.

"I didn't really do any research to see what was going on with the fire, I just assumed it was done, I didn't think it was that bad," Breen said. When he landed at Firebag airport he could smell and feel the smoke in the air, but didn't think much of it.



Flames and smoke rising off Highway 63 outside Fort McMurray, Alta., on May 7. AFP/GETTY IMAGES

Breen said he was about to go get something to eat Monday night when the fire alarm went off and announcements came over loud speakers to let workers know buses were on their way and the fire was headed towards the camp.

Bryan Wheller was evacuated on Monday just up the road from the flames at Noralta Lodge.

He flew out to the Noralta lodge and witnessed the chaos

firsthand as camps short on buses and busy with staff scrambled to evacuate for the second time.

Wheller said there weren't enough buses to take all the evacuees, so he waited near the Noralta camp for about six hours.

"They wouldn't tell us what was going on," he said. "I just think it's ridiculous."

On Tuesday, government of-

ficials assured evacuees that planes and buses will be made available to fly or drive them out.

Premier Rachel Notley told reporters the fire grew to 355,000 hectares overnight from 285,000 hectares, adding Noralta and Birch Creek lodges are currently at risk as firefighters focus on saving those facilities.

The majority of evacuees were ordered to go north, where many of them wound up two weeks

ago when they fled their homes. Wheller said the push to flee north made no sense.

"They didn't really have an evacuation plan," he said. "If they didn't know, why not bus them down south where there are more services?"

Flames are expected to head eastward to a Suncor facility north of Fort McMurray, though officials say the Suncor site is protected by the Athabasca River.

But the blaze will also encroach on Highway 63, trapping evacuees up north until it's safe to drive south.

When asked if it was a mistake for some workers to be recently flown to camps near Fort McMurray, Notley said many workers had already been in the area and others were flown last week.

"They were many miles away from the city," she said. "What we've done as a result is watch the fire, and when it started to become a threat, (officials) in the Fort McMurray area issued evacuation orders."

Suncor spokeswoman Sneha Seetal said the energy company thought the area was safe for workers to return, based on the information it had and continues to work with the government.

OILSANDS

Experts say facilities are safe

Wildfires that ravaged some neighbourhoods in Fort McMurray are now chewing through the wilderness further north, where major oilsands projects are located. But experts and officials say they aren't expecting serious harm to the oil-producing facilities. Here's why:

There's a built-in buffer zone: Oilsands projects are built in such a way that there's a lot of empty space between facilities and forest. There's little in the way of fuel at the industrial sites to feed the ravenous flames.

Bitumen doesn't catch fire easily: Fire needs oxygen to grow, and there's no way for it to get into the oil-soaked sand and clay, said Raj Mehta, a professor of oil and gas engineering at the University of Calgary.

The dangerous stuff is underground: Oilsands projects rely on natural gas and diluent, a very light petroleum product, to make the tarry oilsands crude thin enough to flow through pipelines. The pipes that carry those substances are buried underground.

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TRANSGENDER RIGHTS

'Now people will learn to accept us'



Stephanie
Taylor
Metro | Winnipeg

A Winnipeg trans woman and activist Shandi Strong says that a few generations from now, discrimination against people based on their gender identity or expression will be water under the bridge.

She believes Canada took a historic step towards that future on Monday, as the Justin Trudeau Liberals became the first sitting government to table a bill that if passed, would enshrine transgender rights into the Canadian Human Rights Act,

and offer new protection under the Criminal Code.

"It's a badge of honour that we can wave around the world and go look, this is who we are, this is what we stand for," she said of Bill C-16 during a phone interview Monday.

"We kind of assume as Canadians we have protection, and unless it's spelled out, we don't."

Strong, who ran as a Liberal candidate in Waseley during last month's provincial election, said it is significant that both gender identity and gender expression would be enshrined into the country's guiding documents.

Many people identify as gender fluid, meaning they do



Shandi Strong METRO

not ascribe to the male-female binary, she said, also pointing to men who may express more feminine or women who present more masculine.

"Now people will learn to accept us."

METRO EXPLAINS

What to know about the trans bill



Elisha
Dacey
Metro | Winnipeg

The Liberal Government introduced legislation Tuesday that will protect the rights of transgender people.

WHAT IS IN THE BILL?

The legislation includes provisions to make it illegal to discriminate against someone in the workplace simply because someone identifies as a different gender, and would see

the Criminal Code updated to extend hate speech laws to protect transgender people.

WHAT DOES IT MEAN FOR TRANS PEOPLE?

This means if someone is targeted in a crime because of their gender identity or gender expression, judges (whether it's a human rights complaint or a criminal trial) would have to consider that aspect of the crime as an aggravating factor.

HOW WILL IT BE ENFORCED?

Similar to current enforcement around any hate speech

or human rights violation law. It would simply mean gender identity and expression would also be protected under the law.

WHAT CAN BE IMPROVED? Several advocates say this is an important first step but it's impossible at this point to know how effective it will be.

ANYTHING ELSE?

The law was introduced on an important day – the International Day Against Homophobia, Transphobia and Biphobia.

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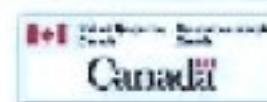
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U.S. campaign spending soars

POLITICS

2012 election set records, this one will be no different

Mitt Romney won the Republican primary. Then he became an invisible man.

The 2012 presidential election was four months away, then three, then two. Romney trailed in the polls. Yet his schedule of public events was tiny, the candidate nowhere to be seen for hours on end. Unless you had a pile of cash to spare.

Romney was theoretically running for president. In reality, he was spending most of his summer trying to convince rich people to give him money.

"It is something to see a candidate go and spend seven, eight, nine hours a day raising money, get back on a plane, all the reporters write that you're not really campaigning, and then you write cheques — and at least 50 per cent of what you've raised goes to the parent organizations of the press in the back of the plane," the campaign's chief strategist, Stuart Stevens, said this week.

The 2012 campaign set a record for U.S. election spending: \$7 billion. Four years later, there has never before been so much candidate talk about the evils of money in politics — and this campaign will almost certainly set another record.

Some of the cash will go to old-fashioned staples like yard signs and brochures and drab offices and the organizers to staff them. Some will go to newfangled necessities like social media monitoring and voter microtargeting. But by far the biggest chunk will go to TV ads.

Even though those ads almost always have a small impact on the outcome. At all levels, campaigns and their allies keep raising more money and then spending it on TV. They do it for the same reason people climb Mount Everest, said Tom Korologos, a Bush donor and former ambassador to Belgium.

"Because it's there," he said.

The money is there in large part because of Citizens United — the 2010 Supreme Court decision that lets corporations give unlimited sums to Super PACs, quasi-independent spending groups that are free to run ads promoting particular candidates.

It's also there in part because George W. Bush and Obama decided to do their own fundraising instead of using the public financing system created after the Watergate scandal. Bush opted out of the public system for the 2000 primaries. Obama then effectively killed the system for good in 2008.

This presidential election could be cheaper than expected. After insulting big donors and

failing to invest in fundraising, Republican nominee Donald Trump may find it difficult to secure the \$1 billion Romney and Obama did and Hillary Clinton easily will. But that doesn't mean activist Republican tycoons are going to squirrel away their money. There's a Senate and House to save.

"If the Koch brother network is not spending a billion bucks on the presidential race, then they're spending a billion bucks on congressional seats," said Ken Goldstein, a University of San Francisco politics professor.

A congressional district is roughly equivalent to a Canadian riding.

David Trone, owner of a chain of wine and beer stores, wanted to be a congressman, but few voters even knew who he was. He introduced himself by spending a record \$12.6 million of his own fortune. Trone lost, providing fodder for advertising skeptics who were crowing about Bush's expensive catastrophe. But he managed to come second in an impressive nine-candidate field.

The research is clear, said UCLA political science professor Lynn Vavreck: TV ads usually have a minor impact that dissipates within a day or two. But there's a caveat. If there is an imbalance in the number of ads the candidates are running, the candidate with more might benefit. TORSTAR NEWS SERVICE

\$7B

The new record in campaign spending set in 2012.



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DID YOU KNOW? It would take 177 lifespans to make \$178 million on a \$11.25/hour wage

A new Super Pac emerges

In every campaign-spending crisis there is campaign-spending opportunity. Ben Walters, who did fundraising for a Super PAC backing Republican Ben Carson, is now trying to capitalize on donor angst about TV ads. In April, the 27-year-old and two

others launched a new Super PAC: Amish PAC. Its goal is to persuade conservative Amish communities to vote for Trump. Those communities don't have televisions.

"For our donors, they're tired of their dollars being spent inefficiently on high-

priced TV and Internet ad campaigns," Walters said. "I can blanket Amish country for about three months for \$40,000, and I'll definitely turn out more votes per dollar than Jeb Bush's team."

TORSTAR NEWS SERVICE
GRAPHIC: ANDRES PLANA/METRO



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IN BRIEF

Attacks in Baghdad

A wave of bombings struck outdoor markets and a restaurant in Shiite-dominated neighbourhoods of Baghdad on Tuesday, killing at least 69 people, officials said — the latest in a string of attacks claimed by Daesh which have left more than 200 dead the past week.

THE ASSOCIATED PRESS

Russia builds military camp in Palmyra

Russia has built a military encampment inside a zone that holds the UNESCO world heritage site in the ancient Syrian town of Palmyra, where Daesh militants were driven out recently by pro-government forces.

THE ASSOCIATED PRESS

CRISIS

Migrant smuggling network worth \$6B

Smuggling networks cashing in on the huge flow of migrants into Europe had an estimated turnover last year of up to \$6 billion, international law enforcement agencies said Tuesday.

They said that the number of people trying to reach the European Union is expected to increase, with some 800,000 waiting in Libya to cross the Mediterranean. More than 1.2 million people applied for asylum in the EU last year.

A summary published Tuesday of a joint Europol and Interpol report also warned: "There is an increased risk that foreign terrorist fighters may use migratory flows" to sneak into Europe. It noted that two extremists involved in the dead-

ly rampage in Paris on Nov. 13 last year entered the EU through Greece as part of the influx of migrants from Syria.

Europol said an estimated 90 per cent of all migrants entering the European Union have their trip facilitated by smugglers, sometimes helped by corrupt officials paid off to ensure boats are released and vehicles allowed to pass borders.

Europol Director Rob Wainwright said the report "describes the huge role played by organized-crime networks in the migration crisis and sends a clear message to the EU and its member states that we must combat these networks in the strongest possible terms."

THE ASSOCIATED PRESS

Debts rise in risky loans

FINANCE

Sub-prime loans growing in Canada

Canada's riskiest borrowers are taking on bigger debt burdens, pushing national average debt levels up nearly three per cent in the first quarter of 2016.

TransUnion's latest quarterly credit review found that the average Canadian's non-mortgage debt rose to \$21,348 in the first quarter of 2016, up 2.7 per cent from the first quarter of 2015.

Borrowers classified as subprime by TransUnion's risk measure saw their average credit card balance grow by 5.7 per cent year-over-year to \$6,601. The majority of borrowers, those with prime or above ratings, actually reduced their balances.

TransUnion found that balances on instalment loans — a

relatively new high-interest product — grew 4.83 per cent year-over-year to an average \$23,591. Individuals who do not qualify for lower interest bank loans are most likely to resort to these short-term loans, which can carry annual interest rates as high as 59.9 per cent.

Subprime borrowers comprise just 13 per cent of the 26 million credit profiles TransUnion tracks in Canada, said Jason Wang, TransUnion's director of research and analysis for Canada.

5.7%

Sub-prime borrowers saw their credit card balance grow by 5.7 per cent.

"Subprime has grown, but it is still very small," he said. "This is a relatively new trend ... but it's not the end of the world."

TransUnion also found that serious delinquency rates increased three per cent in the first quarter of 2016. The largest increases were booked in provinces most affected by the oil price slump — Alberta and Saskatchewan.

TORSTAR NEWS SERVICE



Hudson's Bay Company, which owns Saks Fifth Avenue, Lord & Taylor and Hudson's Bay department stores, is expanding its operations to the Netherlands. THE CANADIAN PRESS

NETHERLANDS

Hudson's Bay going Dutch

Hudson's Bay Company, North America's oldest retailer, is setting up shop in the Netherlands.

The storied company announced Tuesday it is opening up to 20 stores in the country over the next two years as part of an aggressive European expansion plan.

It marks the first time the iconic Canadian brand, which was founded primarily as a fur trading

company in 1670, is making its foray outside the country under the Bay banner.

Hudson's Bay is in the process of finalizing long-term leases, with the first locations expected to be open in the summer of 2017.

Its chairman said Netherlands was an obvious choice for expansion.

"There is a strong affinity to Canadians in the Netherlands,"

said Richard Baker, who is also the retailer's governor, citing the two countries' Allied relationship during the Second World War.

The company said it is aiming to have 17 of the new locations run as stand-alone HBC stores and the other three operate under the Saks Off 5th banners. Some of the Saks discount stores will be inside the HBC locations.

THE CANADIAN PRESS

Time to ditch Twitter limit

Many Twitter users — and more importantly, the billions more who don't use Twitter — feel constrained by the company's somewhat archaic 140-

Whoops! That's what happens when you hit the character limit imposed by Twitter. Is it time to ditch it as Twitter searches for ways to grow?

The limit was created so tweets would fit in a single text message, back when people used Twitter that way. And Twitter users already employ creative ways to get around it. They send out multi-part tweets, or take screenshots of text.

CEO Jack Dorsey called the limit a "beautiful constraint" that inspires creativity, brevity and a "sense of speed." Twitter, he wrote, will never lose the feeling.

But a news report this week, citing unnamed people, said the company was planning to stop counting Web links and photos in the 140 characters. Twitter declined to comment on the Bloomberg report.

THE ASSOCIATED PRESS



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ROSEMARY WESTWOOD ON JUSTIN'S 'UNOFFICIAL' SPOUSE

The real cause of the media backlash against Sophie is her husband, who once said his family was rich. That, to conservatives' ears, meant taxpayers shouldn't have to cover his family's lifestyle. Or his wife's public-service aims.

I feel for officially useless Sophie Grégoire Trudeau. She must have known there would be more days like this.

In the sequel to Nannygate, she told a Le Soleil reporter that she needs more help to respond to charities and non-profits, and generally "serve the public." That was the spark that lit the fire — though it required a lot of hot air to really get the blaze going.

"We don't need a First Lady," said the Sun, and, for once, it's right. Good thing we don't have one. If we did, Grégoire Trudeau might be asking for Michelle Obama's 24-strong staff.

Others accused her of benefiting from another "entitled" government position, as if a spousal role to the prime minister were not also a government role. To say Canada has a "no official spouse" policy is tantamount to calling a tomato a fruit: objectively true, practically useless.

Of course spouses have political roles. We should be grateful they're not set in stone, that our prime ministers' wives have been able to choose how much free labour to undertake on behalf of Canadians while their husbands run the nation.

What seems to irk the irked is that Grégoire Trudeau is failing to count her blessings.

To say Canada has a 'no official spouse' policy is to call a tomato a fruit: objectively true, practically useless.

"And then here came Grégoire Trudeau — with two nannies at home, a cook, housekeepers and no official duties — lamenting about how she is overburdened," wrote Robyn Urback in the National Post. Well, those are

most offended by Sophie's request for help are other working mothers, to imagine them a unified group with unified anger. Some might be mad, some supportive, and none should be used as political pawns. But the real cause of all



DON'T FENCE HER IN Some pundits seem to want Sophie Grégoire Trudeau to be a humble homemaker and nothing else. ADRIAN WYLD/THE CANADIAN PRESS

not Sophie's staff and hers only. Suggesting they're "hers" implies that, by virtue of being a woman, Sophie would naturally be in charge of all the cooking, cleaning and child rearing.

In truth, Sophie has a single assistant, and even one or two more wouldn't make her anomalous in our history. It might be more than Lauren Harper had (a fact I haven't been able to confirm but seems assumed by every conservative columnist and eager-to-pounce NDP critic) but it would match Mila Mulroney's three staff, never mind her office on Parliament Hill.

It's also overreaching — and patronizing — for pundits to suggest the people

this backlash — surprise, surprise — is Sophie's husband. He once said that his family was rich and in need of less tax relief than less wealthy Canadians. That, to conservatives' ears, meant he was willing to pay his own way, and his wife's, while in government. Thus, taxpayers shouldn't have to cover his family's lifestyle. Or, apparently, his wife's public-service aims.

The suggestion is that our leaders' "entitlements" should be determined by how rich they are. Super rich? Pay for your own staff! Not-so-super rich? Oh, all right — we'll cover you. Oddly, no one has yet come forward with the appropriate net worth/staff-

ing ratio.

What's clear is that Sophie won't soon escape from her critics. So let's end with some advice for you, Sophie, on how to please everyone. Shouldn't be too hard.

1. You can use your role to promote Canadian causes that everyone can agree are good (your choice of women's health and self-esteem is suitable), but do not expect any compensation or assistance. Truthfully, if you decide to be a stay-at-home mum and suspend any professional independence, that would be easier for all involved. Oh, and while you should always be with your kids, don't be photographed with them too much lest it be seen as political posturing.

2. Make a good esthetic impression on our behalf at all times, but note that your expensive clothing in Vogue upset people. Then again, H&M and Joe Fresh aren't the most ethical. And naked is also not an option. Perhaps stay home?

3. Since you come off as elitist, do something common, like spontaneously bursting into song. Oh, wait ...

4. Remember that you have no official role, and therefore no obligation to the Canadian public, except to follow these rules, and all the other, unwritten ones.

5. Finally, know that your mere existence as a modern, professional woman with good looks, effervescence and style is too flashy for Canada and unsettling for the patriarchy. In the end, it might be better to resign from your non-existent role. In fact, better you never even tried.



Disarmament offers Canada chance to lead on world stage

Paul Dewar

If Canada is to win a seat on the UN Security Council, we need a campaign that is bold, global and pertinent.

Leading a global effort on nuclear non-proliferation and disarmament should be a cornerstone of that campaign, and the upcoming G7 meetings in Japan represent a perfect opportunity.

The need to act on nuclear disarmament is clear. Nuclear weapons threaten our collective existence, especially in the hands of non-state actors, such as Daesh, and belligerent countries, such as North Korea. The financial cost to build, maintain and refurbish nuclear weapons is unsustainable. The proliferation of nuclear weapons also raises the risk of false alarms that could lead to inadvertent use.

The world needs leadership and action on disarmament, and Canada is well-positioned to move things forward.

It is important to remember the political and historic capital we have. As a country that has never developed nuclear weapons, we have credibility. As a G7 nation and a member of NATO, the Commonwealth, and the Francophonie, we have global connectivity. And we have some of the best experts in the diplomacy, science and verification of nuclear weapons.

No other country has these claims.

Recently, Minister Dion joined with other G7 foreign ministers in signing a commitment to act on the issue of

nuclear disarmament. In April, our Permanent Mission in Geneva hosted representatives from 22 governments — both nuclear-weapons countries and non-nuclear weapons countries — to discuss proposals for advancing nuclear disarmament.

What can Canada propose?

We should use the upcoming G7 to announce that Canada will make nuclear disarmament a cornerstone of our campaign for a seat on the UN Security Council. And we should commit to a specific set of actions.

First, we should pledge concrete support for the Iranian nuclear deal, by offering to provide assistance in verification and compliance.

Second, we should commit additional support to the work of the International Atomic Energy Agency.

Third and most important, Canada should offer to host a high-level conference to discuss a Nuclear Weapons Convention. This conference would allow all countries to share ideas in an open setting and begin work towards a framework agreement leading to a convention.

It is now 71 years since Hiroshima and Nagasaki and the threat of nuclear war is still with us.

Are we ready to put forward serious ideas that will allow Canada to take its place at the UN Security Council and contribute to a more stable world? I hope and think the answer must be yes.

Paul Dewar is a fellow at the Canadian Global Affairs Institute, a former MP and NDP foreign affairs critic.

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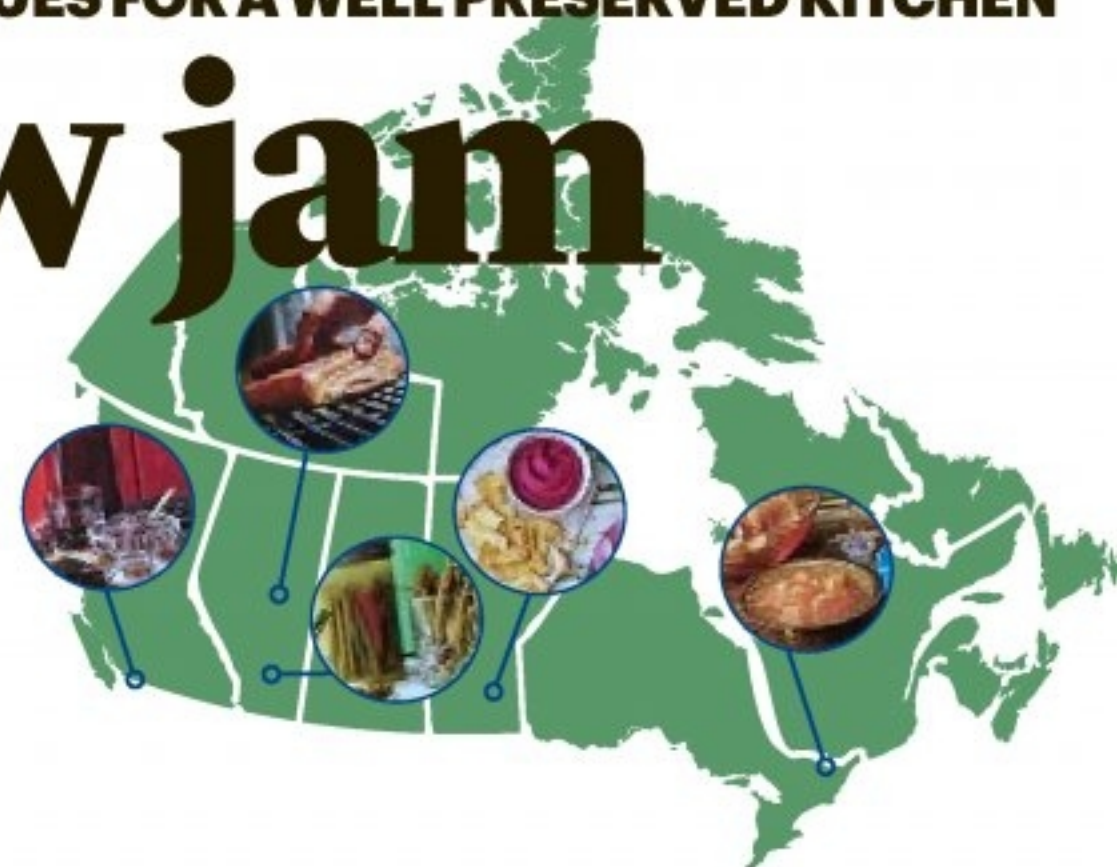


BOOK EXCERPT BATCH: OVER 200 RECIPES, TIPS & TECHNIQUES FOR A WELL PRESERVED KITCHEN



Your new jam

Preserving is not just about jelly and pickles — Canadians Joel MacCharles and Dana Harrison give quick, easy and cheap meal ideas made from delicious local ingredients.



Blueberry Maple Jam 2.0

Yield: 4 half-pint jars
Effort: 30 minutes
Elapsed: 1.5 hours
Eat within: 2 years

We've made versions of this recipe for five years, and it is by far the most popular recipe from our blog.

Ingredients:

- 6 cups blueberries
- 3 cups brown sugar, lightly packed
- Peels and cores (seeds included) of 3 apples
- 1 cinnamon stick
- 1 cup maple syrup
- 1/3 cup bottled lemon juice
- 1 Tbsp lemon zest, finely grated

You will need:

- Cheesecloth
- Funnel

Directions:

1. Place the berries in a large pot, crush them lightly, and add the sugar. Stir to mix, cover, and rest for 1-4 hours on the counter.
2. Place the apple peels and cores and the cinnamon stick inside the cheesecloth to make a teabag.
3. Place the teabag in a large pot with the blueberries, maple syrup, lemon juice, and lemon zest.

4. Prepare your canning pot and rack, and sterilize your jars and lids.

5. Bring the fruit to a simmer over medium heat, skimming off any foam that appears. Cook until set, at least 20 minutes. Remove the teabag from the jam.

6. Remove the jars from the canner and turn the heat to high. Using a funnel, pour the jam into the jars. Wipe the rims of the jars, apply the lids, and process for 10 minutes. Remove the jars and allow them to cool.

Variations:

Omit the cinnamon and add 20 peppercorns or a few dried chilies (page 174) to the teabag.

Centre of the plate:

This is awesome as part of a cheese tray or diluted into warmed maple syrup for an amazing pancake topping. You can also mix one part of this jam with two parts goat cheese to stuff French toast.



BBQ Salmon with Blueberry-Ginger Sauce

Servings: 4
Effort: 25 minutes
Elapsed: 45 minutes

Although this recipe can be made in an oven, I consider the BBQ to be a key component of the recipe (especially if you use charcoal). The smoky flavor creates a contrast to the sauce, which might overpower the salmon if cooked in the oven alone. Remove the salmon from the fridge 30 minutes before cooking.

Ingredients for the sauce:

- 1 1/2 Tbsp unsalted butter, chilled
- 3/4 cup green onions (greens and whites), chopped into small rings (reserve 1-2 Tbsp for garnish)
- 1 garlic clove
- 1/2-inch piece ginger, finely chopped
- 1/4 tsp coarse salt
- Pinch dried thyme, finely chopped
- 1/4 tsp cinnamon
- 3/4 cup blueberry maple jam 2.0 (see left)
- 2 Tbsp water
- 2 tsp balsamic vinegar
- black pepper

Ingredients for the salmon:

- 4 6-oz salmon fillets, about 1 inch thick
- Vegetable oil • Salt
- Black pepper • Cayenne or chili powder (optional)
- Lemon slices with seeds removed

Directions for the sauce:

1. Heat the butter over medium heat and add the green onions, garlic, ginger, salt, a pinch of thyme, and cinnamon. Sauté until the garlic

is soft and sweet, about four minutes.

2. Add the blueberry jam, water, and balsamic, stirring until incorporated. If the sauce is too thick, add small amounts of water until it is the consistency of a thin gravy. If it's too sweet, you may wish to add additional balsamic.

3. Season liberally with black pepper and remove from the heat.

Directions for the salmon:

1. Preheat the BBQ to medium-high, or if using the oven, preheat it to 425°F.

2. Dry the salmon with a towel, rub all sides with a light coating of oil, and season liberally with salt, pepper, and cayenne.

3. Once hot, wipe the BBQ grill with oil and immediately place the salmon skin side down. If your BBQ has hot spots, place the thin parts of the salmon farthest from them. Resist the temptation to poke, move, or flip the salmon. The fish is cooked when you see fat starting to release on the surface of the flesh (the white bits that appear when it cooks). If you're using the oven, this should take 8-12 minutes.

4. Serve with warm sauce and garnish with the reserved green onion.

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ROSE REISMAN THE SAVVY EATER

THIS WEEK: Deli meats

A few slices of these deli favourites are not equal!

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Cooked Ham

4oz/125g

Calories 159

Fat 7g

Sodium 1000mg



SKIP THIS

Salami

4oz/125g

Calories 400

Fat 32g

Sodium 2280mg



HERE'S WHY



Equivalent to a Dave's Single Cheese-burger from Wendy's in fat

Sandwiches are an easy go-to lunch — just stack some pre-sliced meats between two slices of bread. Not so fast — we've been warned about the unhealthiness of processed meats for a while — they contain excess fat, sodium and harmful preservatives such as nitrites and nitrates, which are linked to cancers. Let's skip the salami and go for a cooked, not smoked, ham. Most cooked hams do not include nitrates, but always read the ingredient list. You'll save on these slices — salami has double the calories and sodium, and over four times the fat.

FOOD TREND

Finally, a cake that tastes like nothing

This year's answer to the cronut is an edible breast implant. Well done, humanity.

OK, it's actually called a raindrop cake and it's essentially a half-sphere of colourless, flavourless jelly that's supposed to look — and taste — like a large, freshly fallen raindrop.

It's jiggly, smooth and delicate. When bitten, the raindrop yields a soft, melty texture that falls apart rather than giving off a chewy, bouncy, Jell-O-like texture.

After 30 minutes or so, the whole thing is supposed to disintegrate. Yum!

The dessert has been making the rounds across international media outlets for the past two months, spurred on by New Yorker Darren Wong, who started selling it for \$8 a pop at a Williamsburg (of course) food market called Smorgasburg in April.



A raindrop cake. TORSTAR

Directions:

1. In a small saucepan over low heat, pour in water and sprinkle in agar. Stir until agar has completely dissolved. Sprinkle in sugar and add extract, if using. Stir. Bring to a gentle simmer, stir and let cook for one minute.

2. Pour mixture into silicone hemisphere moulds or a small round rice bowl. Chill in fridge for one hour, or until mixture has set. Carefully remove from moulds and place on serving plates.

3. Top with desired toppings like sesame seeds, fruit puree or maple syrup. Serve immediately.

TORSTAR NEWS SERVICE

Raindrop Cake

Ingredients:

- 1 cup (250 mL) distilled water
- 1/8 tsp (0.5 mL) agar powder
- 1/2 tsp (2 mL) superfine sugar, optional
- 1 or 2 drops clear extract like peppermint, orange blossom or rosewater, optional

LIQUID ASSETS

Wash your barbecue down with the pink stuff

While I've already pushed the button on my gas grill a few times this year, for many Canadians the Victoria Day long weekend is the official start of barbecue season. I did a quick poll of friends to get their favourite things to throw on the coals and the unanimous answer was hamburgers and hot-dogs; the kings of summertime comfort food.

Red wines made with the likes of Malbec, Zinfandel and Cabernet Sauvignon fit the bill for a nice pairing, as do lightly oaked Chardonnay-based whites. In the middle is rosé, the great liquid ambassador.

Kim Crawford's 2015 Pansy! Rosé (\$16.49-\$19.99), a blend of Malbec and Merlot from New Zealand's Hawkes Bay region, is a full-figured pink wine with more than enough chutzpah to meet any grilled meat main and its flavour-forward companions head on.

PETER ROCKWELL/
METRO



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Titan XD can play with the best



ALL PHOTOS CONTRIBUTED

THE CHECKLIST | 2016 NISSAN TITAN HD

THE BASICS

Engine: 5.6-litre V8
Power: 390 hp and 597 kg/m of torque
Transmission: Seven-speed automatic.
Price: \$45,900 to start.



LOVE IT

- Strong low-end pull
- Overall comfort
- Price point

LEAVE IT

- No larger fuel tank options

REVIEW

Heavy truck offers combo of comfort, power

Nissan knows it can't rely strictly on a brand name to sell its truck, because although the Cummins-powered Titan XD has garnered plenty of attention since it was launched, it will only be a small part of the brand's overall truck sales pie.

The brand wants us to think of the Titan as a heavy half-ton that offers the capability of an HD pickup. Base curb weight on the gas-powered truck is still a hefty 2,724 kilograms for the S model, though that is 272 kg lighter than the diesel-version.

The maximum payload on the gas-powered version comes in at 1177 kg with rear-wheel drive.

It's safe to say that this rig won't be easy on the wallet when it comes to fuel bills. Our day of driving had the internal readout ranging from 21.7 to 18.8 litres per 100 km, about what you'd expect from such a heavy truck.

It would also be nice to see a larger fuel tank option.

The lush rolling hills of Tennessee served as our test bed for this new powertrain, a 5.6-litre V8 with 390 horsepower and a seven-speed automatic transmission.

Though the displacement is the same as the V8 found

in the previous Titan, this engine is heavily revised, with the biggest changes being the addition of direct injection and Nissan's proprietary VVEL (Variable Valve Event & Lift) technology. These changes help in low-end power delivery and overall refinement in the engine.

Though it is a heavy truck, the Titan XD isn't a slouch with this V8 under the hood, certainly offering more get-up-and-go than the big diesel. Also serving the power up well is the seven-speed transmission.

Loafing about the tight Tennessee roads through farm country, the Titan felt heavy, pushing when hustled through corners, but the most prevalent sensation is one of comfort. The cabin is nicely muted from the road and the heavy set nature of the truck allows it to feel absolutely planted to the ground in all situations, especially when cruising in a straight line at highway speeds.

Steering feel is on the light side for the Titan, while the brakes feel very strong, especially with no weight pushing from the rear end of the truck.

Nothing can upset the large, calm nature of this truck.

Nissan is claiming that the Titan XD is just as comfortable as modern half-tons, and it's not a lie.

With the Titan XD, Nissan has a fine product that is capable of playing on the big stage with best players in the game.

AUTOGUIDE.COM

PAGANI HUAYRA PEARL

Secret customer to buy one-off



The Pagani Huayra's production is limited to just 100 units, and the Pearl might be the most exclusive of all. HANDOUT

The Pagani Huayra Pearl has been introduced as a one-of-one special hypercar.

The Italian automaker released a video showcasing the Pagani Huayra Pearl, which was built as a one-off for exotic car dealership Refined Marques for an unnamed customer.

Boasting several unique elements like a roof scoop and a split rear wing, Pagani says that the Huayra Pearl "sets new standards in terms of custom built. It is the result of a combination between art

and science, design and technology, form and function. It is the very first example of a custom made Huayra specifically built for one customer."

The Pagani Huayra's production is limited to just 100 units and the Huayra Pearl might turn out to be the most exclusive of them all.

Pricing was not announced, but we're guessing the new owner doesn't care considering they have a one-off Pagani Huayra with its own name.

AUTOGUIDE.COM

+ DRIVE BRIEFS

Audi SQ7 debuts as 'most powerful diesel SUV on the Market'

Audi has surprised naysayers by unveiling a diesel-powered SQ7.

The 2017 Audi SQ7 TDI is powered by a twin-turbocharged 4.0-litre diesel V8 with 435 horsepower, making it what Audi says is the "most powerful diesel SUV on the market."

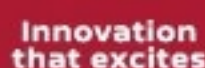
In what Audi claims is a world first, the two turbos are supported by an electric-pow-

ered compressor, meaning turbo lag should be virtually nonexistent.

On the outside, the SQ7 gets a more aggressive look complete with a unique grille, air intakes, front apron and roof edge spoiler.

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Cavs out to roaring start

RAPTORS
CLEVELAND LEADS 1-0

LeBron & Co. pull away early in laughter

LeBron James and the Cleveland Cavaliers made sure Toronto's introduction to the Eastern Conference final was not a pleasant one.

James scored 24 points on near perfect shooting, while Kyrie Irving had 27 as the Cavaliers throttled the Raptors 115-84 in Game 1 on Tuesday, Toronto's first conference final appearance in franchise history.

GAME 1 In Cleveland



James punished the Raptors on 11-for-13 shooting, the four-time NBA MVP looking for most of the night like a man playing against boys.

DeMar DeRozan had 18 points on a solid night, but the rest of the Raptors could do little against a Cavaliers team that thoroughly embarrassed Toronto. Bismack Biyombo had 12 points, while James Johnson



Cavaliers forward LeBron James celebrates a dunk against the Raptors' Patrick Patterson on Tuesday night in Cleveland.

FRANK GUNN/THE CANADIAN PRESS

finished with 10.

The Raptors hung in with the home team through the opening quarter, but almost as if they'd been toying with Toronto, the Cavaliers then thrust a foot on the throat of the Raptors and held it there until the final, merciful, buzzer.

Cleveland's 22-point lead in the second quarter became a whopping 28 points by the end of the third, as the Cavs took a 95-67 advantage into the fourth. Raptors coach Dwane Casey waved the virtual white flag with 10 minutes to play, pulling his starters for seldom-

used Delon Wright and Jason Thompson.

When Terrence Ross went up for what should have been a spectacular dunk with six minutes left to play, the ball bounced out, an apt metaphor on an ugly night. With three minutes to play, fans erupted

into chants of "U-S-A!"

The Cavs outrebounded Toronto 45-23, and clobbered them in the paint 56-36.

Game 2 is Thursday in Cleveland, then the series shifts to the Air Canada Centre for Game 3 on Saturday and Game 4 on Monday. THE CANADIAN PRESS

NHL PLAYOFFS

Sharks' Burns let loose on Blues

Brent Burns scored San Jose's first two power-play goals of the Western Conference final and Martin Jones stopped 26 shots for his second shutout of the post-season as the Sharks beat the St. Louis Blues 4-0 Tuesday night to even the series at a game apiece.

Tommy Wingels and Dainius Zubrus also scored and Logan Couture had two assists to help the Sharks bounce back from a tight loss in the opener.

GAME 2 In St. Louis



Game 3 is Thursday night in San Jose.

Brian Elliott made 20 saves for St. Louis, which is 4-5 at home and 5-2 on the road in the post-season. Elliott wasn't as sharp as he's been throughout the Blues' run to their first conference final since 2001.

Burns' fifth and sixth goals of the post-season both came on one-timers with Troy Brouwer in the penalty box, and were his only shots of the game.

THE ASSOCIATED PRESS

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Marchand keeps chasing the dream

MEMORIAL CUP

Local goalie on way to Red Deer and hopefully, one day, the NHL



Kristen Lipscombe
Metro | Halifax

No matter what obstacles he comes across, one local hockey player keeps chasing the dream.

Goaltender Chase Marchand, 20, hasn't exactly taken the easy way to the Memorial Cup. The Upper Tantallon native played for two other QMJHL teams and one OHL team before settling in with the Rouyn-Noranda Huskies to start the 2015-16 season.

Now he's the Huskies' go-to guy and recently claimed QMJHL bragging rights by helping his club to a 4-1 series win over the Shawinigan Cataractes last week.

"If you had asked me at the start of the year, if I (would be) a President Cup champion ... then I would have laughed," said Marchand who tallied a 15-3 record in the playoffs with a 1.35 goals-against average and .946 save percentage.

"It's pretty surreal," he said from Quebec on Tuesday, shortly after finishing up the last practice at home before heading to Red Deer on Wednesday. "I'm pretty excited to go to Alberta tomorrow."



Chase Marchand, who grew up around Hammonds Plains, hasn't been drafted to the NHL, but he's hopeful his success with the Rouyn-Noranda Huskies will help change that. CONTRIBUTED

+ HUSKIES SKED

Marchand, former Mooseheads forward Timo Meier and the Huskies face off against the Wheat Kings Saturday night, Rebels on Sunday night and Knights next Tuesday night.

Semifinals are set for next Friday, while puck drop on the Memorial Cup final is next Sunday.

The 2016 Memorial Cup runs this Friday through May 29 at the ENMAX Centrium where Marchand's Huskies will face off against the WHL champion Brandon Wheat Kings, OHL

champion London Knights and WHL host Red Deer Rebels in the battle for Canadian Hockey League supremacy.

"Just playing in the Memorial Cup is going to be an incredible experience," Marchand said.

"Honestly, winning the President Cup still feels like it's not even real."

The soft-spoken six-foot, 172-pound 20-year-old was drafted 168th overall in the 10th round of the 2012 QMJHL Draft by the Cape Breton Screaming Eagles.

Marchand bounced from there to the Mississauga Steelheads in 2013-14, to the Victoriaville Tigers in 2014-15 before finding his sweet spot in the Huskies net. He also played

for the Amherst Ramblers of the Maritimes Junior A Hockey League, during the 2012-13 season.

"Things were going well, and then things weren't going well.

"It's been kind of a ... rough road to get to where I'm at now," said Marchand, who sometimes turns to his older cousin Brad Marchand of the Boston Bruins, for advice. The two train together whether at Fitness FX on Quinpool Road or running Citadel Hill during the off-season.

"Sometimes you just have to keep believing and everything will work out," said Marchand, who is undrafted but holding onto hope of cracking the big league.

"Anything is possible."

MLB

Rangers' Odor gets 8 games for punch

Texas second baseman Rougned Odor was given an eight-game suspension Tuesday while Toronto manager John Gibbons and pitcher Jesse Chavez each received three-game bans for their actions in a weekend game between the Rangers and Blue Jays.

A total of 14 players and staff members from the two teams were disciplined, Major League Baseball said in a statement Tuesday evening.

Odor, who delivered a punch to the jaw of Blue Jays slugger Jose Bautista, was suspended for fighting in the top of the eighth inning in Sunday's game. The incident started a bench-clearing melee at Globe Life Park in Arlington.

Chavez was disci-

plined for intentionally throwing at Prince Fielder in the bottom of the inning with warnings in place for both sides.

Rangers shortstop Elvis Andrus was given a one-game suspension for "aggressive actions" during the incident while Bautista was given a one-game ban for his on-field actions and for his post-game comments.

Gibbons, who returned to the field after being ejected earlier in the game, confirmed before Tuesday night's game against Tampa Bay that he was also fined \$5,000 US. Toronto first base coach Tim Lincecum received a one-game suspension and received an undisclosed fine.

John Gibbons
THE CANADIAN PRESS

THE CANADIAN PRESS

IN BRIEF

Weidman out for UFC 199

Chris Weidman is withdrawing from his UFC 199 middleweight championship bout because of an undisclosed injury, according to a person with knowledge of the situation.

The person spoke to The Associated Press on Tuesday. Weidman was scheduled to fight Luke Rockhold in a rematch from their December 2015 bout at UFC 194. June 4 card at The Forum in California.

THE ASSOCIATED PRESS

United limp to fifth in EPL

Manchester United's absence from the Champions League for the second time in three years was confirmed on Tuesday after a 3-1 win over Bournemouth in an English Premier League game hastily rearranged because of a bomb scare.

Wayne Rooney scored and played a part in the other two by Marcus Rashford and substitute Ashley Young, as United finished in fifth to qualify for the Europa League. THE ASSOCIATED PRESS

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PHOTO: MAYA VISNIE

Ceri Marsh & Laura Keogh
For Metro Canada

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Cook time: 15 minutes

Ingredients

- 2 salmon filets
- 1/2 carrot, cut into matchsticks
- 1 red or yellow pepper, cut into matchsticks
- 1 baby bok choy, the white part cut into matchsticks, the green part cut into ribbons
- 1 Tbsp sesame oil
- 1 Tbsp rice vinegar
- 1 tsp low sodium soy sauce
- 1 tsp ginger, minced

Directions

1. Preheat your oven to 400 degrees. Whisk together oil, vinegar,

soy sauce and minced ginger and toss with your veggies

2. Cut two square pieces of parchment, each piece about 12" by 18" square then cut the largest heart shape you can within the squares. Fold it in half down the middle and make a crease

3. Working on a baking sheet, place your parchment down and put half of your veggies down on one half of the heart. Then place one piece of fish on top of the veggie bed. Fold the heart closed and fold and pleat the edges until it is sealed. There will be a little bit at the end that you'll have to tuck under. Repeat with your second parchment.

4. Bake for 15 minutes. Remove and place parcels onto a plate and carefully slice open.

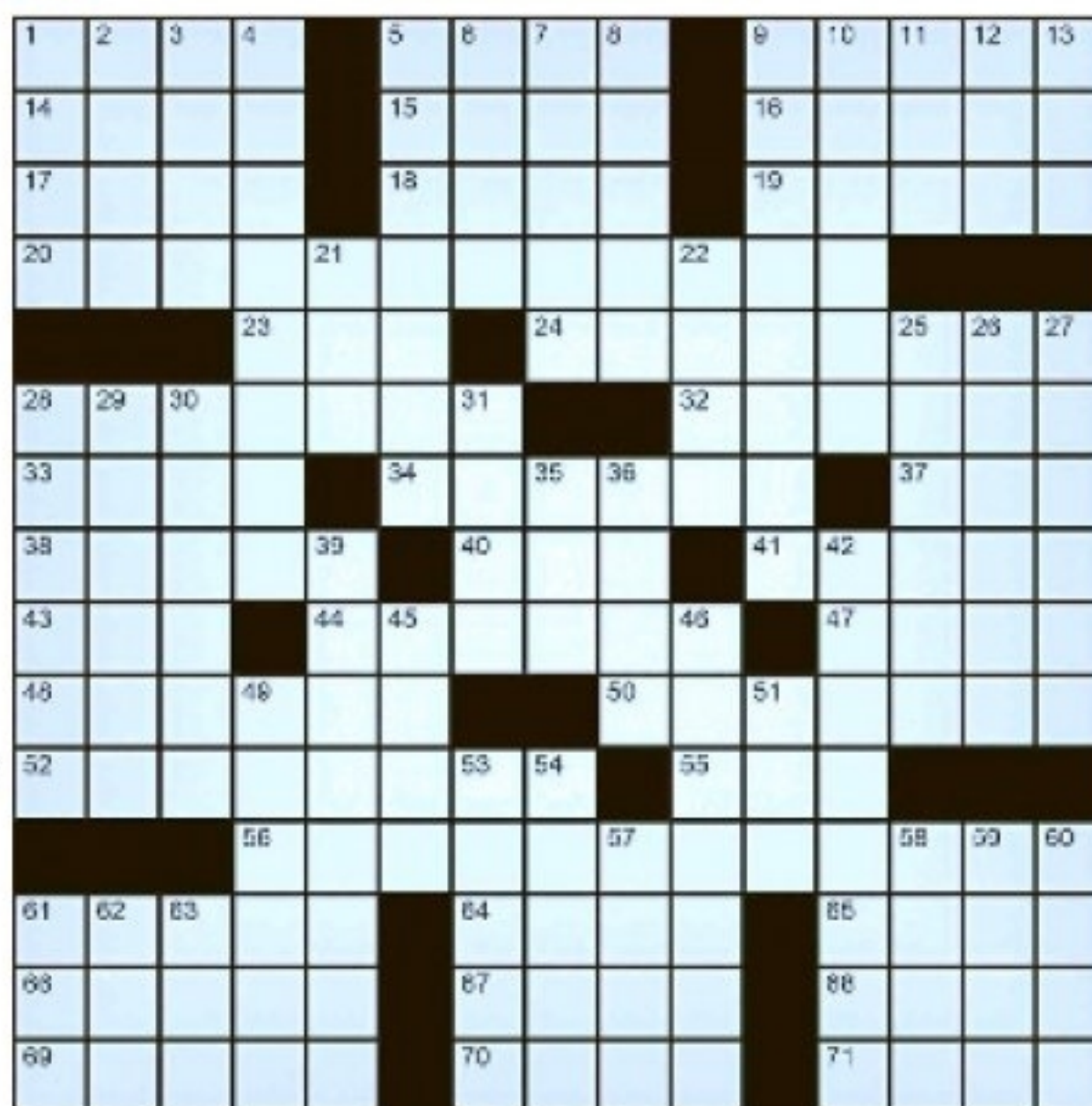
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Tailoring crease
5. Moves to the jazzy music
9. Vermicelli or penne
14. ___-gravity
15. Soup vegetable
16. MC Hammer's "___ Touch This"
17. Suffix with "Problem"
18. Surprise military attack
19. Watch the big game on one in a sports bar, e.g.
20. Sainte-Helene-de-___, Quebec
23. Pickle jar topper
24. Longing
28. Royal LePage employee
32. Permanent-on-a-person picture
33. Shania Twain album: "The Woman ___"
34. U2's drummer, Larry ___ Jr.
37. From ___ Z
38. Movie genre
40. "Oh, give ___ home where the buffalo roam..."
41. Caffeine nuts
43. "Ich bin ___ Berliner." - JFK
44. ___-Robbins (Ice cream chain)
47. Look load
48. Crosses to bear
50. Shreddies and Cheerios
52. Harvey's fare: 2 wds.
55. "Edmonton" suffix (Denizen of Alberta's capital)
56. Rachel McAdams



- stars as a TV producer in this 2010 comedy: 2 wds.
61. "___ a Symphony" by The Supremes
64. Ms. Remini
65. Succulent plant
66. Portia's "Ally McBeal" character
67. Stare

68. Bark-made cloth
69. Ms. Kardashian
70. Blue dyestuff
71. Samuel L. Jackson film, "___ Bayou" (1997)

DOWN

1. Swedish auto
2. Intermission,

3. "It's ___" (3-3 game exclamation)
4. Victor ___ (Member of Canadian pop/opera quartet The Tenors)
5. "Yawnsville." reason
6. "That's fine."
7. PCO = ___ Coun-

- oil Office
8. The Beatles' "Sexy ___"
9. Show who's boss: 2 wds.
10. Highlight
11. Blue
12. "Ka-boom!" causer
13. Four-wheel-

- er, e.g.
21. Young fox
22. Behind
25. Canadian actress Ms. Ricci
26. Less than one hundred percent: 2 wds.
27. Canada ___ (Belonging to a Canuck bird)
28. "300: ___ an Empire" (2014)
29. Spanish dramatist, Juan del ___
30. Grade above B Plus: ___
31. Servings in saloons
35. Currency in Albania
36. Secular
39. "Relief" follows this spelling rule...but "Receive" doesn't: letter + word + letter
42. Store sign appreciated by a night owl: 2 wds.
45. Biblical instrument
46. Made a horse sound
49. Manitoba: ___ Provincial Park
51. ___ doll
53. Not set loudly, as a radio: 2 wds.
54. San ___ California
57. "The Lion King" (1994) lioness
58. Antarctica's Prince ___ Coast
59. Knot-maker's need
60. Fancy 'fors'
61. Pen's liquid
62. Scheming laugh half
63. L...spelled out

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Upsets with spouses, partners and close friends are likely today. Therefore, don't jump the gun. Wait to hear what others have to say before you react.

Taurus April 21 - May 21
Be patient with co-workers today to avoid upsets. Nevertheless, your day will be interrupted by computer crashes, power outages, fire alarms, staff shortages or canceled appointments.

Gemini May 22 - June 21
This is a mildly accident-prone day for your kids, which means if you are a parent, be vigilant. Likewise, if you work with children, make sure they are free from hazardous situations.

Cancer June 22 - July 23
Small appliances might break down today, or minor breakages could occur — something will interrupt your home routine. Someone unexpected might knock on your door.

Leo July 24 - Aug. 23
This is a mildly accident-prone day for your sign, so pay attention to everything you say and do. Think before you act. Guard against knee-jerk reactions.

Virgo Aug. 24 - Sept. 23
You might find money today, or you might lose money. This is because something having to do with your financial situation is unpredictable. Guard your possessions against loss, theft or breakage.

Libra Sept. 24 - Oct. 23
Today the Moon is in your sign sitting opposite unpredictable Uranus. Therefore, expect disruptions to your day. You might be obsessed with something unusual. (Easy does it.)

Scorpio Oct. 24 - Nov. 22
You feel restless today. You have the feeling that you're waiting for the other shoe to drop. Don't worry, because many people feel this way today. It is what it is.

Sagittarius Nov. 23 - Dec. 21
A friend or a member of a group might say or do something that surprises you. Alternatively, you might meet a real character today — someone who is bohemian or avant-garde.

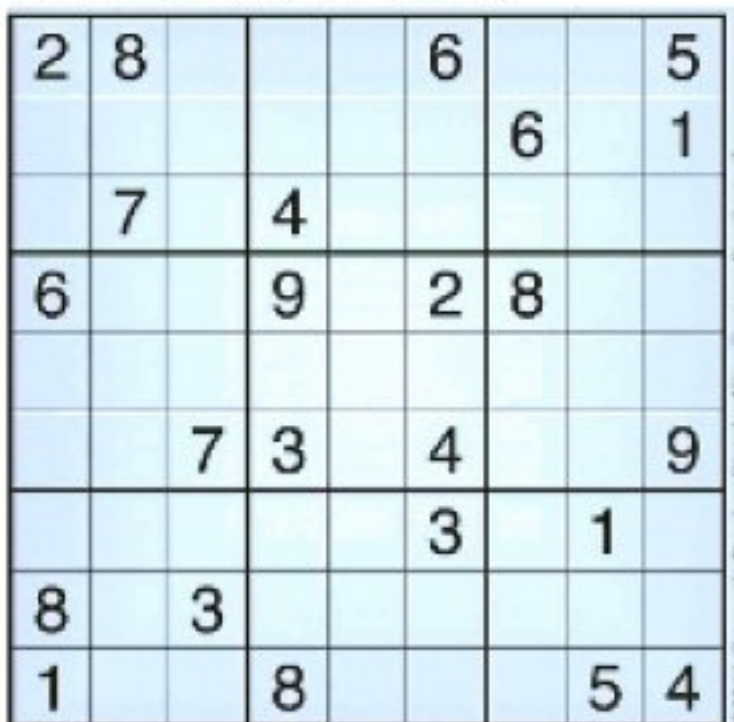
Capricorn Dec. 22 - Jan. 20
You feel defiant when dealing with authority figures today. This is why you don't want anyone bossing you around or telling you what to do. (Remember the power of courtesy.)

Aquarius Jan. 21 - Feb. 19
This is a mildly accident-prone day for your sign; therefore, be careful. Expect travel cancellations or changes. Yikes.

Pisces Feb. 20 - March 20
You might be caught off guard with a decision regarding inheritances or shared property today. Be prepared for something from out of the blue that could affect how you financially relate to others.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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